

Substance Use Disorder in the CNMI

Social Determinants, Individual Behaviors, and Health Outcomes

Identify a target population. *Who is floating down the river?*

Young People

Upstream

*What **social determinants of health or root causes** are driving these health behaviors?*

- Adults expose children to binge drinking early and often
- Few recreation opportunities
- Intergenerational trauma

Midstream

*What **individual health behaviors** are driving these health outcomes or challenges?*

- Young people experiment at an early age
- Young people pressure their peers to drink

Downstream

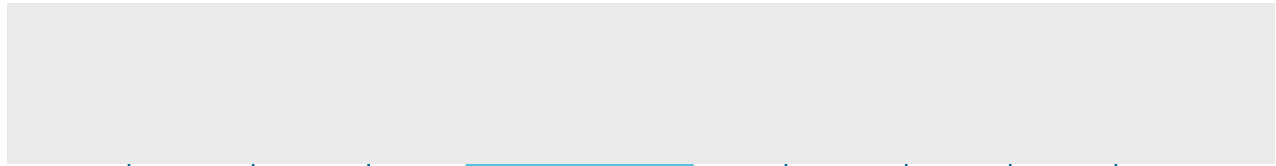
*What **SUD-related health outcomes or challenges** are you observing in this target population?*

- Young people binge drink
- Young people drink and drive
- Young people suffer from alcohol SUD

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What **individual health behaviors** are driving these health outcomes or challenges?

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